



Post Shorts

Recycling schedule

The recycling pickup for Wednesday, Nov 29, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



Power outage scheduled for Bayside Village

A power outage is scheduled for Nov. 28 from 9 to 11 a.m. This outage will affect all of Bayside Village housing and the 2800 block of housing.

The Aberdeen Area Projects Section will perform switching on the 13 KV lines.

This outage is occurring so that Directorate of Public Works projects personnel can repair power lines. Only the projects section is authorized to perform work on this outage. For more information contact James Kirk, DPW Engineering and Construction Division, Quality Assurance Branch at 410-278-8693.

Retirement ceremony

The retirement ceremony scheduled for November is cancelled. The next ceremony will be held Jan. 31 at 2 p.m. in Dickson Hall's Ball Conference Center, building 3074. Anyone planning on retiring or who was unable to participate in a previous retirement ceremony and would like to be included in this upcoming ceremony is invited to call Connie Hardison at 410-278-2711 or 5225 to make arrangements.

AAFES to remove all drugs containing phenylpropanolamine from shelves

With the recent announcement by the Food and Drug Administration warning consumers to stop using over-the-counter cough and cold medications and appetite suppressants (diet pills) that contain phenylpropanolamine (PPA), the Army and Air Force Exchange Service has remove dany drugs containing PPA from its shelves.

Coming attractions at Bowling Center

Starting Dec. 1 the bowling center will lower its price for bowling to only a \$1 per game from 1 to 6 p.m. The price after 6 p.m. will remain \$2.25 per game.

See SHORTS, page 2

Chief of Ordnance promoted to major general

By E. C. Starnes
OC&S

It was literally a star-studded family affair, and some would say the earth moved. Mitchell Stevenson now wears the two stars of an Army major general and he can thank not only a three-star and four-star general, but his mother, his father, his wife, and his two daughters for pinning on his new rank.

His promotion was honored with the playing of "Ruffles and Flourishes" by the 389th U.S. Army Band (AMC's Own). He also was honored with his first 13-gun salute which shook the James W. Ball Conference Center and resulted in another musical salute by alarms from cars parked in the area.

Stevenson, who is the Army's Chief of Ordnance and the Commanding General of the U.S. Army Ordnance Center and Schools, was promoted by Gen. John N. Abrams, commanding general of the U.S. Army Training and Doctrine Command; Lt. Gen. Billy K. Solomon, commanding general of the U.S. Army Combined Arms Support Command; Retired Sgt. 1st Class and Mrs. Don Stevenson, his father and mother; and Nancy, Patricia and Jessica, his wife and



Photo by LA'MONT HARBISON

Gen. John N. Abrams, left, commanding general of the U.S. Army Training and Doctrine Command, congratulates newly promoted Maj. Gen. Mitchell Stevenson, Army Chief of Ordnance and the commanding general of the U.S. Army Ordnance Center and Schools. Lt. Gen. Billy K. Solomon, commanding general of the U.S. Army Combined Arms Support Command, and Trudy Stevenson, my Mom.

two daughters.

Abrams noted that the event was a wonderful happening for a wonderful Army family. He stated that the promotion was not only a recognition of Stevenson's potential, but also recognition of the

staff and cadre of the Ordnance Center and Schools. "You all have a stake in this," he said.

"He's going to guide the U.S. Army Ordnance Center and Schools and the [Ordnance] Corps to great things."

Stevenson acknowledged his family and he stepped forward to give thanks to those who have helped him throughout his career. "A lot of what I am today is because of my Mom and Dad," he observed. "My work ethic is from

Housing areas prepare to spruce up APG neighborhoods

By Sheila Little
APG News

The final phase of fall cleanup begins Monday, Nov. 27, with the focus on installation neighborhoods. Command Sgt. Maj. Ronald E. Stallings of APG Garrison, said he is pleased with the work completed by the units on the installation, and anticipates a great contribution by post residents as well.

Expressing appreciation with the way soldiers and residents work together, Stallings said, correcting problems as they appear and working together, are key.

"When you see things that are not right or that detract from the appearance of APG, take a few moments to take care of it," Stallings said.

Specifically addressing partici-

pation in the housing areas, Stallings said everyone is expected to do their part, regardless of whether the sponsor is deployed or if residents don't use a certain area that is within the responsibility of the neighborhood residents. If problems persist, they can be addressed through the chain of command, or brought to his attention.

He reminded residents, "If we take pride in our home and work together, everyone benefits."

Post Re-Nu-It centers have garden equipment, trash bags, grass seed, and fertilizer available for residents during fall cleanup. Both centers began winter hours Nov. 20, and will be open on Saturday, Dec. 2, for residents to return borrowed yard equipment.

John Settles, manager of the

post Re-Nu-It centers, said equipment available includes rakes, lawn mowers, edgers and trimmers.

Winter hours for the Aberdeen facility are Monday, Tuesday, and Thursday, 8 a.m. to 4:15 p.m. The Edgewood Area facility is open the same hours on Wednesday and Friday. These hours remain in effect throughout the next few months, with one exception. For the final week of cleanup, both facilities are open 8 a.m. to 4:15 p.m. on Saturday, Dec. 2. The APG Re-Nu-It Center facilities can be reached in the Aberdeen Area at 410-278-8814, or 410-436-2398, for the Edgewood Area branch.

As for tips to residents on how to have a successful cleanup and

See CLEANUP, page 6



Photo by SHEILA LITTLE

Austin Road resident Lisa Costas and daughters Michaela, 7, and Christina, 10, take a break from raking leaves in anticipation of fall cleanup. All housing neighborhoods are scheduled to participate in the annual preparation for winter, Nov. 20 through Dec. 2, by completing all grass cutting, trimming, edging, raking and other tasks by the end of next week.

OC&S recognizes environmental protectors

Photo by SHEILA LITTLE

Maj. Gen. Mitchell H. Stevenson, commander of the U. S. Army Ordnance Center and Schools, pumps the first gallon of gas generated using solar and wind energy sources, into a five-ton military cargo truck, commemorating America Recycles Day.



By Sheila Little
APG News

The U.S. Army Ordnance Center and Schools observed America Recycles Day last week, by recognizing soldiers and civilians who have demonstrated individual environmental awareness.

At a ceremony held adjacent to the OC&S fueling station, green star awards were given to 38 individuals whose programs achieved a 100 percent environmental compliance rating during the annual environmental audit.

After the ceremony, Maj. Gen.

Mitchell H. Stevenson, commander of the OC&S, added fuel to a five-ton cargo truck, pumped by solar and wind energy sources to signify conservation of environmental resources.

Col. John R. Hills, 61st brigade commander, noted that the ceremony marked the fifth time soldiers and civilians at OC&S have been recognized for their hard work on behalf of preserving the environment.

"We are in charge of our future generation's resources," Hills said. "Today we recognize those

folks that have excelled, and taken the initiative to conserve."

Guest speaker for the Nov. 14 ceremony was Lt. Col. Thomas Frendak, chief of staff of the Army Environmental Center.

"Protecting the environment and military readiness go hand-in-hand," Frendak said. He added that the Army has a history of addressing environmental issues, and noted that military efforts assisted national parks across the United States, citing cavalry efforts at Yellowstone National

See ENVIRONMENT, page 6

Don't be a victim! If it sounds too good to be true, it probably is

By 1st Lt. Phyllis L. Brown
USAG Office of the Staff Judge Advocate

So, you want to buy a house or a car. You have bad credit, no credit, or filed bankruptcy. You decide to apply for a loan. You call a phone number in a newspaper article that reads "Bad Credit, No Credit, Bankruptcy NO PROBLEM." A representative says "send an advanced fee in the form of a certified check or money order by overnight mail and your loan will be approved." And that's the catch: You send the money, the loan never materializes, and you never hear from the company again. You have just become a victim of the advance-fee loan scam.

Air Force Print News reported that Air Force members have recently become the targets of advance-fee loan scams operating out of Canada. According to the Federal Trade Commission, the scams appear in classified ads in military newspapers that advertise guaranteed loans, regardless of income or credit history, and charge a large up-front

fee before the loan is processed. This activity is illegal.

How to recognize an advance-fee loan scam

Advertisements and promotions that "guarantee" loans regardless of credit history are not offers from legitimate lenders. Legitimate lenders never require payments up front and never guarantee loans or credit cards before you apply, especially if you have bad credit, no credit, or bankruptcy. Consumers with less than perfect credit are generally required to pay application or credit report fees, but these fees are not required until the lender is identified and the application completed. Advance-fee loan scams should not be confused with legitimate pre-approved credit offers or legitimate pre-qualified offers from mortgage brokers, banks, savings and loans, and credit unions. A pre-approved offer only requires

See LOAN, page 8

Why Thanksgiving Day?

Thanksgiving Day falls on Thursday as the result of a long chain of circumstances. As a festival, it's a legacy from the New England colonists who brought the idea from England. There, it was customary to observe special thanksgiving days after events of national importance.

The custom of celebrating Thanksgiving on Thursday began with the pilgrims. As Puritans, they selected Wednesday or Thursday for festive occasions because they wanted them as far as possible from the Sabbath, which they observed simply.

In the autumn of 1621, William Bradford, governor of Plymouth Colony, called for a day of thanksgiving after their first harvest. Indian Chief Massasoit and his people joined the three-day feast and contributed deer to the menu.

The colonists brought wild turkeys, then common in the woods of Massachusetts. From this, the Thanksgiving feast was associated with turkey.

There is no record about a day of thanksgiving being declared in 1622, although if the harvest was good, it may have occurred. After 1630, Thanksgiving Day was observed every year after the harvest, and other colonies gradually adopted the practice.

In 1863, President Abraham Lincoln proclaimed Thanksgiving Day a national holiday and chose Thursday, in recognition of the pilgrim tradition.

APG Pollution Prevention

Tip of the Week

To reduce solid waste, wrap gifts with cartoons, maps, or saved wrapping paper and gift bags.

For more information on pollution prevention, call Michelle Guitard, APG Pollution Prevention Program, 410-306-2273

Post Shorts

SHORTS, from front page

Other events in December include the return of “Red Pins” and a “Cosmic Scotch Doubles” Tournament. Red Pins will run Monday through Friday 1 p.m. to 6 p.m. during the week of Dec. 4-8. If the red pin comes up as the head pin, let the counter person know, then throw a strike and receive a “FREE” game of bowling.

The Cosmic Scotch Doubles Tournament will be held Sunday, Dec. 3 at 1 p.m. Entry fee for the tournament is \$8 per person. Prize fund is based on total number of entries. For more information call 410-278-4041.

Installation Restoration Advisory Board to meet

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting on Thursday, Nov. 30, 7 to 9:45 p.m., at the Edgewood Senior Center on Gateway Road. The topics will be Carroll Island and Graces Quarters. Board meetings are open to the public. All APG employees and citizens are invited. For more information, call the information line at 410-272-8842 or 1-800-APG-9998.

Air Force recruiter in Festival at Bel Air

Senior Airman LaTonya LaSala is the new Air Force recruiter in Harford County, located in the Festival in Bel Air. Her job is to inform local high school students about the Air Force and assist anyone who is interested in joining. She is available to answer questions and talk about concerns and beneficial opportunities.

LaSala is currently being assisted by Airman Telisa Turner who just graduated from basic training and technical training. Turner is a local recruit form Aberdeen, and graduated from Harford Technical High School in Bel Air.

For more information call LaSala at 410-569-2254.

Gift wrapping at Harford Mall for charity

Representatives from the American Medical Center Cancer Research Center and the Johns Hopkins Pediatric Oncology Center will be wrapping gifts at the Harford Mall 10 a.m. to 10 p.m., Sunday, Dec. 10 through Sunday, Dec. 24. Corporate orders are invited. Celebrate your holidays by supporting cancer research. All gifts are welcome, including those not purchased at the mall. For information call 410-879-5015.

Harford Community College offers ESOL classes

English for Speakers of Other Languages classes will be offered free to foreign-born adults who are 16 or older. Classes will be held Monday, Dec. 4 at 6:30 p.m., at Edgewood High School; Tuesday, Dec. 5 at 6:30 p.m., at the Aberdeen Community Center; Wednesday, Dec. 6 at 6:30 p.m., at Bel Air High School; and Friday, Dec. 8 at 10 a.m., at the Aberdeen Community Center. Room numbers for the advising sessions will be posted on the front door of the building. For more information about ESOL classes, call Cindy Fisher at Harford Community College, 410-836-4152.

Women who enjoy singing

The Upper Chesapeake Chapter of Sweet Adelines International, a professional womens’ a cappella chorus, rehearses Mondays at Bel Air Elementary School in Bel Air, 7 p.m. This award-winning group welcomes interested women singers to learn four-part harmony, vocal technique, choreography, and stage presence, and to perform with us at the many community events, shows and private parties where we sing each year. For more information, call 410-877-7314, 410-838-0921 or 410-477-5166.

GED Preparation classes

The Community and Business Services Division of Harford Community College offers tuition-based General Education Degree preparation classes to help adults earn a Maryland high school diploma. Free Adult Basic Education classes are also offered to help adults strengthen reading, writing and math skills. Adults new to the program should attend one of the following free advising sessions to receive information about the programs and to sign up for classes.

Monday, Dec. 4 at 6:30 p.m., Edgewood High School

Tuesday, Dec. 5 at 6:30 p.m., Aberdeen Community Center and Harford Community College, Edgewood Hall

Wednesday, Dec. 6 at 10 a.m., Edgewater Village Shopping Center and Edgewood Health/Community Services Center

Thursday, Dec. 7 at 6:30 p.m., North Harford High School

Friday, Dec. 8 at 10 a.m., Aberdeen Community Center

For more information, Call Cindy Fisher at Harford Community College, 410-836-4152.

Holiday food and toy drive

The 15th annual U.S. Army Soldier and Chemical Biological Command Food and Toy Drive to help Neighbors Involved in the Community of Edgewood is now in full swing.

Last year 44 families were recipients of the donations and this year NICE expects a need for 50 families. The organization serves families in Edgewood and Joppatowne with many of them being single-parent households. NICE works to improve the quality of life in these communities by focusing on education, recreation, safety, crime prevention, and drug and alcohol abuse.

NICE gives each family two bags of groceries and determines the toy needs from a form filled out by the family. The food and toys are delivered to the families’ homes and the donations are kept private.

We need new or gently-used toys, non-perishable foods, and/or household products. Also, toiletries, grooming supplies, compact disks, note paper and cards are among requested items. Food items with expired dates cannot be used.

Opened food products and broken or unusable toys will not be accepted or given. Let’s try to make this the best Toy and Food Drive we have sponsored. With everyone’s help, it is possible.

The closing reception and presentation of donations will be on Dec. 13 in the Berger Laboratory cafeteria, building E3549, beginning at 1 p.m.

All donations will be picked up and placed in a secure area until items are delivered to NICE.

Donation boxes have been placed in the following buildings for your convenience:

E3150, E4470, E3160, E4475, E3300, E5027, E3320, E5101, E3326, E5106, E3330, E3331, E5183, E3942, E5560, E3549, E5951, E4445, E4455 and E4465.

Army Band takes holiday leave

The 389th Army Band (AMC’s Own) will be on leave Dec. 20 through Jan. 3 and, therefore, not available for commitments. Any questions regarding scheduling the Band should be referred to Judy Michalski, 278-7953/2711.

Blue Cross and Blue Shield representative to visit APG Dec. 12

The Civilian Personnel Advisory Center has made arrangements for a claims representative of the Service Benefit Plan Blue Cross/Blue Shield to visit APG on Tuesday, Dec. 12. The representative will be available from 9 to 1130 a.m. in building 305, Room B-14 (lower level) to discuss claim problems and plan coverage. The representative will also be available in the Edgewood Area Stark Recreation Center, building E-4140 from 12:30 to 1:30 p.m. No appointment is necessary. Point of contact for this information is Teri Wright, 410-278-4331.

Hoyle Health and Fitness Center

If you are a civilian and want to participate in an organized fitness program in the Edgewood Area, call the Hoyle Health and Fitness Center for information on the Civilian Fitness Program. The CFP is a six-month, one-time program established to help employees establish a fitness program. One of our staff members will take you through a health risk analysis and develop a one-on-one exercise program geared just for your exercise needs. The fitness center is a full service facility with aerobic and toning classes, state-of-the-art equipment that includes treadmills, recumbent bikes, steppers, elliptical cross trainers, rowers and cross-country ski machines. We also have free weights and full-circuit weight machines. Stop in today to set up your personal training program. Hours of operation are Monday-Thursday 5:30 a.m. to 7:30 p.m., Friday 5:30 a.m. to 6 p.m. and Saturday 8 a.m. to 12 p.m. For further information, call 410-436-7134/7135.

AA Health and Fitness Center

If you are active duty and retired military, civilian employees, retired employees and their family members 14-21 years of age or contractors located on post, you are eligible to join the Fitness Center located in building 320 in the Aberdeen Area. A full line of cardiovascular equipment, free weights and full-circuit weight machines is available. Need a personal one-on-one program? Call and set up an appointment today with one of our staff members. We also offer Aerobic and Toning Classes daily with a certified instructor. All these services are included in one low price. Our hours of operation are Monday-Thursday, 5:30 a.m. to 7 p.m., Friday 5:30 a.m. to 6 p.m. and Saturday 8 a.m.-12 p.m. For more information call 410-278-9725/9759.

Within your reach!

Get answers about how the Army is safely eliminating the mustard agent stockpile stored at Aberdeen Proving Ground. Call or visit the Edgewood Chemical Stockpile Outreach Office located in the Woodbridge Station Shopping Center, 1011B Woodbridge Center Way, Edgewood, 410-676-6800. The office is open 8:30 a.m. to 5 p.m., Monday through Friday. Current information is also available at www-pmcd.apgea.army.mil.

Edgewood Arts and Crafts Center to hold classes

Porcelain Doll class: A beginning porcelain doll class will begin Dec. 1 and continue Dec. 8 and 15, 9:30 a.m.-12:30 p.m. Students will make the Sugar Britches doll. Class size is limited; pre-registration is required. Cost is \$30 plus supplies.

Framing class: A beginning matting and framing class will be held Nov. 30, 5:30-9:30 p.m. Students must bring an 8-inch by 10-inch picture to frame. Cost is \$15 plus supplies. Students must register in advance as space is limited.

The center is open from Thursday, 1-9 p.m., and Friday and Saturday, 9 a.m.-5 p.m., and is available to active duty military, APG civilians and their dependents. It is located in building E-4440 next to the MP station; signs are posted to direct people to the building. For more information, call 410-436-2153 during operating hours.

Thrift Savings Plan Open Season

Thrift Savings Plan Open Season will be held from Nov. 15-Jan. 31. During the open enrollment period employees may elect to enroll in TSP or change their current TSP deduction. Thrift Savings Plan Open Season Update Pamphlets will be distributed to agency administrative offices upon receipt in the Civilian Personnel Advisory Center.

Employees must now contact the Army Benefits Center-Civilian (ABC-C) to make an open season change. Enrollment form TSP-1 can no longer be completed or processed by the CPAC. Employees may call the ABC-C at 1-877-276-9287 or access the website at www.abc.army.mil to enroll in TSP or make a change.

Employees who wish to change the way their TSP account balance is currently invested must request a TSP Interfund Transfer. Interfund transfers can be made up to once a month by calling the ThriftLine at 504-255-8777 or by completing a TSP-30, Interfund Transfer Request, available on the TSP website, www.tsp.gov. The TSP website includes current TSP information, forms and publications.

Volunteers needed for special emphasis program committees

APG Special Emphasis Employment Program committees are seeking individuals, civilian or military, to fill vacancies on the following committees:

- Native American Employment Program Committee
- Disability Employment Program Committee
- Hispanic Employment Program Committee
- Black Employment Program Committee
- Asian/Pacific American Employment Program Committee
- Federal Women’s Program Committee

Interested personnel may contact David Burbey, garrison special emphasis program manager, at 410-278-1145.

Jewelry offered by EA-OWC

The Edgewood Area Officers’ Wives Club is offering opportunities to contribute to the APG community. EA-OWC member and jewelry designer Laura Pool has crafted and donated a 37.65 carat earring and pendant set of golden citrine and freshwater pearls mounted in 14 karat gold. The earrings are set with a large pear-shaped golden citrine and three dangling freshwater pearls. The pendant features a pearl-enhancer bail and two large unusually-cut golden citrines joined together end-to-end with four freshwater pearls between and three dangling below. The set is valued at \$1,700.

The club is offering opportunities to win the set at \$1 per ticket, or six tickets for \$5. Proceeds will benefit local organizations and charities. The winning ticket will be drawn at the club’s holiday cookie exchange on Dec. 13. Tickets are on sale throughout the APG community or by contacting Amy Steiger at 410-272-1520.

NECPOC announces training courses

Management Decision-Making and Problem Solving will be offered by the U.S. Department of Agriculture Graduate School Feb. 27-28, 8:30 a.m.-4:30 p.m. at Aberdeen Proving Ground. Tuition is \$245.

The course is designed for managers who want to enhance their leadership skills by solving problems more efficiently and making sound decisions. Nominations must be received in the Northeast Civilian Personnel Operations Center, Human Resources Development Division, by Nov. 30.

Leadership Skills for Non-Supervisors will be offered Apr. 10-11, 8:30 a.m.-4 p.m. at the U.S. Military Academy, West Point, by the U.S. Department of Agriculture Graduate School. Tuition is \$245.

This course is designed for team leaders, office coordinators, special emphasis program managers and all non-supervisory employees who want to enhance their leadership skills. It includes instruction in handling different personality types, the art of giving constructive feedback that minimizes defensiveness, effective delegation, overcoming conflict without making enemies; and building teams that work well together and get results. Nominations must be received in the NECPOC, HRDD, by Jan. 19. For more information contact Karin Hancock, 410-306-0065 or e-mail her at Karin.Hancock@cpocner.apg.army.mil.

APG News

The *APG News*, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the *APG News* are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5005, 410-278-1150. Printed circulation is 13,500.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The *APG News* is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 324, Second Floor, AMSSB-GIM-P, APG, MD 21005-5005; call the editor at 410-278-1150, DSN 298-1150; fax it to 410-278-2570; or e-mail it to editor@apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday’s paper.

STAFF

APG Commander	.Maj. Gen. John C. Doesburg
Acting Public Affairs Officer	.George P. Mercer
Editor	.Debi Horne
Editorial Assistants	.Marguerite Towson
	.Lynn Witkowski
Staff Writer	.Pat McClung
Contract Photojournalists	.Yvonne Johnson
	.Sheila Little
Graphic Designer	.Scott Francis

Thanksgiving Day 2000

A message from Secretary of the Army Louis Caldera and Chief of Staff of the Army Eric K. Shinseki

Thanksgiving is the time when we pause to express our gratitude for the blessings of peace, freedom, and opportunity that are the birthright of all Americans. In his first Thanksgiving Proclamation in 1789, George Washington asked the American people to give thanks “for the great degree of tranquility, union, and plenty which we have enjoyed.” Fortunately, over two centuries later, we still enjoy these wonderful gifts. That we can do so is due in no small measure to the eternal vigilance and sacrifice of the men and women of the U.S. Army.

And so on this special day, we offer our appreciation to you, the soldiers and civilians of The Army, who serve our nation with a level of devoted service unparalleled in any other profession. Each day, 24 hours a day, you willingly step forward to defend the American people from all enemies, foreign and domestic, and to uphold the values and principles that we hold so dear. Wherever you serve, at installations here at home or at duty stations abroad, the American people appreciate your hard work and daily sacrifices, because they know that their security and prosperity are possible only because you defend their liberties.

Grateful citizens of over 70 countries welcome your service because they directly benefit from the presence of the trained and dedicated soldiers deployed in their lands. From preserving democracy in Korea to rebuilding civil society in the Balkans, you are an inspiration and example to peoples who see in you the hope and bounty of America.

And so to all of you, the dedicated men and women of the U.S. Army, uniformed and civilian - and especially to those of you who serve far from hearth and family — we offer special thanks for the difficult and dangerous work that you are doing in behalf of the citizens of our great nation.

We wish all of you and your loved ones a safe and happy Thanksgiving holiday.



Taking your emotional pulse

By Lt. Col. Gregory L. Black
Chaplain

The questionnaire shown below attempts to answer the question, "How are you?" So often we gloss over our real feelings as we respond to the inquiries of others and thus try to fool ourselves into believing that we are indeed, "Fine." A positive outlook on life is a big help - we need to see the glass "half full." However, to deny our feelings of distress may hold us back from the very important first step to getting better. That step is to acknowledge our need for help and determining to get that help.

There are no right or wrong answers to this questionnaire. The scale measures your perceived changes in your general well-being. It is for your personal use, to help you determine your own emotional pulse. If your score, whether it is a higher score of 10 or a lower score of 2, reflects how you really are feeling, then you may want to ask, "Am I satisfied with the level of well-being represented by my answers on this scale?"

The scale normalizes the feelings contained in it; that is, it gives permission to a person to admit that these feelings are the kinds of feelings that people have when they consider their personal well-being. If your level of well-being is low, you may want to get some professional help with your situation.

Professional helpers are usually safer than friends or family because they get their emotional needs met outside of the counseling relationship. This allows them an objectivity needed to give good counsel. To see a counselor, clergy person, or health care provider often helps us put our personal issues in perspective and makes the current crisis more manageable.

It takes great courage to acknowledge that our current ways of coping may be inadequate. A professional counselor, clergy person, or health care provider helps us by adding tools

The Goldberg Well-being Scale (1972)

Please circle the appropriate response:

Not At all	No more than usual	A little more than usual	A lot more than usual
---------------	-----------------------	-----------------------------	--------------------------

In the last two weeks have you:

1. Been able to concentrate on whatever you're doing? 1 2 3 4
2. Lost much sleep over worry? 1 2 3 4
3. Felt that you are playing a useful part in things? 1 2 3 4
4. Felt capable in making decisions about things? 1 2 3 4
5. Felt constantly under strain? 1 2 3 4
6. Felt that you couldn't overcome your difficulties? 1 2 3 4
7. Been able to enjoy your normal day-to-day activities? 1 2 3 4
8. Been able to face up to your problems? 1 2 3 4
9. Been feeling unhappy and depressed? 1 2 3 4
10. Been losing confidence in yourself? 1 2 3 4
11. Been thinking of yourself as a useless person? 1 2 3 4
12. Been feeling reasonably happy, all things considered? 1 2 3 4

Scoring Chart: Copy your answers in the spaces below each question number: Score an '1' or '2' response as "no" and score a '3' or '4' response as "yes." Record totals below.

Question Number:	1	3	4	7	8	12
My Answer:						
Question Number:	2	5	6	9	10	11
My Answer:						

Top Box: Only
 Yes Responses: ____
 Bottom Box: Only
 No Responses: ____
 Total Responses: ____

Total responses (0-12) reflect your perceived changes in your general well being. Higher scores reflect increased feelings of well-being; lower scores reflect a decline in your felt well-being.

to our "toolbox" of coping mechanisms. We consult professionals in lots of other areas, such as adding investments to enhance our financial assets or new exercises to build up our bodies in a certain area. We see a mechanic when our car needs repaired or a carpenter to repair our home.

Why do we resist professional help when we are distressed? We go to a doctor when we have a new ache or pain that persists. Why not seek help with emotional pain? This well-being scale is one way for you to take your emotional pulse and then assess for your-

self if you might want to add some new tools to your toolbox.

Finding the right mechanic or doctor can be a challenge. Finding the right counselor can be a challenge too. Here are some tips:

- Ask your chaplain or other clergy person for assistance in finding someone to help. They know many community resource people or may be able to personally provide the counseling.

- Ask your health care provider. Medical personnel can refer you to an appropriate counselor.

- Ask someone in one of the community helping agencies such

as Army Community Services. They keep current on programs offered in the community.

- Ask a trusted friend or co-worker. Friends are not usually the best counselors, but they may be able to guide you to an appropriate professional helper.

Getting help in times of personal distress is the right thing to do. "Gutting it out" on your own may result in more distress. It makes good sense to get help when you need it and this scale will help you determine whether or not you may need help.

Aberdeen Test Center honors Melvin E. Jackson

Phyllis J. DeFranks
ATC Public Affairs Office

U.S. Army Aberdeen Test Center recently honored Melvin E. Jackson, a colleague and friend, at a dedication ceremony for ATC's Barricade 1 and Control Room, a firing range on the Main Front.

The establishment of this memorial is a conscious and deliberate decision by the command to permanently remember the exceptional, dedicated and professional contributions of a beloved co-worker, according to Col. Andrew Ellis, ATC commander.

“Melvin E. Jackson was one of our best and has earned this esteemed recognition,” said Ellis. “I am deeply honored to host this special ceremony in memory of a dedicated ATC employee, a superior Army civilian and a great American.

“The dedication of buildings in honor of Jackson sets a permanent marker of excellence, the marker against which we should judge all of our actions,” said Ellis. “This speaks volumes for the character, professionalism, dedication and consistently superior performance of Jackson. We will not mourn his passing but will celebrate his life.”

Jackson's government career can be broken into two distinct phases. He served as a test director and a multi-skill facilitator and implementer at ATC and finally, as the Army liaison to a key Secretary of Defense office at the Pentagon. In each area, he distinguished himself by his "can-do" attitude and consistent ability to perform in a cost-effective and timely manner making numerous contributions to the warfighter and the command in this capacity.

His most notable warfighter contribution was the M900 ammunition test. “Barricade 1 was the key facility used for the testing of this new ammunition and therefore chosen for this dedication,” said Harry Cunningham, the director of ATC’s planning and compliance.

Council meets for updates on community issues

By Sheila Little
APG News

A meeting of the Community Action Council took place Nov. 9 in the conference room of APG Garrison headquarters. Col. Robert J. Spidel, garrison commander and deputy installation commander, presided over the meeting. A timetable update for the arrival of APG’s ration of influenza vaccine, and changes in dealing with the housing budget shortfall were announced, along with a report on the ongoing fall cleanup, a review of snow and ice removal plans, and a presentation of the 2000 Morale, Welfare and Recreation revenue and expenditures.

Flu vaccine expected by mid-December

Kirk U. S. Army Health Clinic’s TRICARE representative Jan Spellman announced that the APG clinic is not expecting a ration of influenza vaccine until mid-December.

Inoculation priority will be given to health care personnel in direct patient contact, operational military personnel, and Defense Enrollment Eligibility Reporting System (DEERS) enrollees with high-risk medical conditions.

They will be followed by inoculations for military trainees, those in contact with high-risk personnel, active duty military in various sub-categories, civilians and other beneficiaries.

Spellman said that the ration of vaccine received this year may be smaller than that of previous years, and suggested that personnel with health concerns consult their health care professional about attending a flu shot clinic in Harford County. Interested individuals are asked to call the Harford County Health Department, 410-638-8459, or Healthlink, 800-515-0044, for locations and times. The flu shots are free to county residents.

Spellman also announced that KUSAHC will be closed on Thanksgiving Day, Nov. 23, and Friday, Nov. 24, for a training holiday. The Urgent Care Clinic will be open. Call the nurse triage line, 410-278-1751, for assistance.

Kirk will also be closed for training holidays on Dec. 22 and 29, but the Urgent Care Clinic will be open on those days.

Finally, Spellman said no birds found on the installation and tested

were found to have the West Nile Virus.

Doughnuts return to APG

Steven Bielefeldt, Army and Air Force Exchange Services manager, said Krispy Kreme Doughnuts are now being sold in both area shop-pettes. The Aberdeen Area shoppette is open 6 a.m. to 11 p.m., Mon. through Fri., Sat. 7 a.m. to 10 p.m., Sun. 8 a.m. to 10 p.m. The Aberdeen Area shoppette telephone number is 410-272-1681. The Edgewood Area shoppette complex, 410-671-6097, is open Mon. through Fri., 7 a.m. to 8 p.m., Sat. 8 a.m. to 8 p.m., Sun. 10 a.m. to 6 p.m. Both doughnut loca-tions accept special orders 24 hours in advance.

Civilian employees may purchase doughnuts and coffee in the shop-pette, as they are permitted to patronize all eating establishments on the installation.

Bielefeldt said Anthony’s Pizza is running a two-for-the-price-of-one-pizza special over the next 60 days.

Commissary manager Richard Nornhold said the commissary will be open for business the Monday before Thanksgiving, Nov. 20, 10 a.m. to 7 p.m. The store will be closed Nov. 23 and 24 in observance of the hol-iday, and resume regular hours on Sat., Nov. 25.

He added that the store is offering free cups of fresh caffeinated, decaffeinated, and flavored coffee indefinitely from opening until 1 p.m. every day.

Making room for holiday items is the reason that shopping carts are outside the entrance. They will return to the inside after the holidays.

Roy Ballinger, chief of the Directorate of Community and Family Activities, announced that the Information, Ticketing and Registration Office, 410-278-4011, is selling White House ornaments as a fund-raiser. Profits will return to the military community. The ornaments are \$15, or \$13.50 each, if purchased in multiples. See the ornament at web site www.whitehousehistory.org.

Maj. Clifton Johnston, installation voting assistance officer, said voter registration went well on the installation, with several hundred sol-diers and dependents registered.

Alice Surette of the Quality of Life Office, said Army Family Week is Nov. 19-25. During that week, special discounts and activities are

available to the military and their family members, throughout the installation. A listing of activities and locations honoring army families appears on page 14.

Fall cleanup

Garrison Command Sgt. Maj. Ronald Stallings said post-wide cleanup is going well. Cleanup in the housing areas is scheduled for the week after Thanksgiving. Stallings said he was pleased with the overall

See CAC, page 7

OBC students support local charities

By Sheila Little
APG News

Students from the U.S. Army Ordnance Center and Schools Officer Basic Course Class 08-00, 16th Ordnance Battalion, Company E, participated in five charitable events before graduat-ing Friday, Nov. 17.

In October, the OBC group joined the local community on two consecutive weekends in sup-port of diabetes research, walked in the Alzheimer’s Walk in Havre de Grace, and participated in a clothing and food drive for the Bea Gaddy Foundation in Baltimore.

All of the events were accom-plished through the organizational efforts of 2nd Lt. James Holmes.

Holmes, who is from the area, got involved in charitable walks as an undergraduate at Morgan State University.

He said the class was happy to get involved in several venues of charitable work, and was very supportive through raising funds, joining in, and collecting a num-ber of items for the food and clothing drives.

“I’m from the area, so I knew what was going on here,” Holmes said. “But the class really got behind me, helped where they could, and made each event a suc-cess,” he said.

Even those unable to physical-ly support every event helped out where they could. 2nd Lt. Kim Jensen could not walk in support

of diabetes research because of an ankle injury, but contributed \$150 that she and family members and friends donated.

Jensen said that seeing military personnel supporting drives in the local community is good for everyone, as soldiers begin to feel like they are a part of the commu-nity, and local neighbors accept them. She credited Holmes with being the “driving force” behind the community outreach.

“James pretty much took charge and found causes that the class was interested in,” Jensen said.

“It was great to be helping the community, but maybe even bet-ter that the community saw the military participating,” she said.

In addition to donations for the food and clothing closets in the inner city, the class raised over \$900 through their participation in the alzheimer’s and diabetes walks.

“I’m very pleased, everyone did a great job,” said Holmes.

Those soldiers participating in the Oct. 22 Diabetes Walk in Havre de Grace were 2nd Lts. Seth Cross, Lille Diaz, Dave Buehler, Eric Harbaugh, Bayardo Reyes, Mike Flanigan, Ryan Noble, Stephanie Oliver, and Jack Emmons.

Food-borne illnesses mostly preventable

By Staff Sgt. Kathleen T. Rhem
American Forces Press Service

WASHINGTON (Nov. 13, 2000) Picture it, the perfect Thanksgiving. You’ve eaten your fill; the dishes are done; football is on the tube. Then just as you’re starting to think about a turkey sandwich — it strikes. You feel a rumbling deep in your belly, maybe a little queasiness. Next thing you know, you’re running for the bathroom.

Chances are you’ve just fallen victim to a tiny invader - any one of 250 different bacteria that can inhabit food and cause illness if the food’s not handled properly.

Atlanta’s Centers for Disease Control and Prevention estimate food-borne illnesses strike 76 million people each year. More than 300,000 are hospitalized, and 5,000 die.

Food-borne illnesses can sicken anyone, but infants, the elderly and those with compromised immune systems are at greatest risk, according to Carlla E. Jones, a health promotion program analyst with the Army’s Center for Health Promotion and Preventive Medicine at Fort Detrick, Md.

The two most common symptoms are vomiting and diarrhea, Jones said. Stomach cramps, fever, muscle pain and headaches are

also possible.

Illness-causing bacteria thrive in certain environments, particularly moist surfaces between 40 and 140 degrees Fahrenheit, Jones said. She said bacteria breeds in raw or processed meat, poultry and seafood, and dairy and egg products.

“Keep in mind, however, that even safe, ready-to-eat foods can become cross contaminated with bacteria transferred from raw food products, meat juices, food preparation equipment or as a result of poor personal hygiene,” Jones said.

The following tips may help prevent food-borne illnesses:

- Wash hands and surfaces often. Wash hands in hot soapy water before preparing food and after using the bathroom, changing diapers and handling pets.
- Wash cutting boards, utensils and counter tops in hot soapy water after preparing each food item and before going on to the next one.
- Wash dishtowels often in the hot cycle of the washing machine.
- Don’t cross-contaminate. Separate raw meat, poultry, and seafood from other food in the grocery cart.
- Store raw meat, poultry and seafood on the bottom shelf of the refrigerator so juices cannot contaminate other foods.
- Use a separate cutting board, if possible, for raw meat products.

- Never place cooked food on a plate that previously held raw meat, poultry or seafood.
- Cook to proper temperature. Use a meat thermometer to make sure meat and poultry are cooked all the way through.
- Cook eggs until the yolks and whites are firm, not runny.
- When cooking in a microwave oven, make sure there are no cold spots in food. Cover food, stir and rotate for even cooking.
- Bring sauces, soups and gravy to a full boil when reheating.
- Refrigerate promptly. Pick up refrigerated and frozen foods last at the grocery store.
- Refrigerate or freeze perishables, prepared food and leftovers within two hours.
- Never defrost or marinate food on the kitchen counter.
- Don’t pack the refrigerator. Cool air must

circulate to keep food safe.

- Divide large quantities of hot foods into several small containers before refrigerating.
- And last but not least, when in doubt, throw it out. “If you are unsure if food has been prepared, served or stored safely, just throw it out. Food can look and smell fine, but it may not be safe to eat,” Jones said. “Following sound food safety procedures will help to protect yourself and your family from food-borne illnesses.”

For more information on food safety, Jones recommended the following web sites:

<http://www.fightbac.org>
<http://www.health.gov/dietaryguidelines>
<http://www.cdc.gov/health/foodill.htm>
<http://www.foodsafety.gov/>

Awards ceremony recognizes SBCCOM employees

By Capt. Nicole Chupas
SBCCOM

A senior executive, two Army officers, and one Air Force officer were cited with various honors during an awards ceremony recently at the U.S. Army Soldier and Chemical Biological Command.

Dr. John M. Ferriter was presented the Meritorious Civilian Service Award; Air Force Capt. Mohammad K. Asif was awarded the Army Commendation Medal; and, Army Achievement Medals were accorded Army Maj. Joseph A. Rose and Gregory J. Hutchinson.

Maj. Gen. John C. Doesburg, commanding general of SBC-COM, officiated the ceremony.

Ferriter, a member of the Senior Executive Service, was recognized for “exceptionally meritorious service” as the Director of Engineering for the Edgewood Chemical Biological

Center, a major subordinate organization of SBCCOM, from September 1998 to September 1999.

Ferriter is credited with helping to build a joint service nuclear, biological and chemical defense enterprise that maximized protection for America’s warfighters and fostered the advancement of critical chemical and biological defense systems.

He is currently the Director for Operations, Remediation and Restoration at SBCCOM headquarters.

Asif, of the U.S. Air Force Research Laboratory at Wright-Patterson Air Force Base, Ohio, was recognized for exceptionally meritorious service while integrating separate sensors into the new joint warning system for all of the United States defense services, several defense support agencies, and the Department of Energy, from January 1999 to May 2000.

Asif was cited for his outstanding leadership, technical abilities, resourcefulness and communication, giving the United States a superior joint warning system.

Rose and Hutchinson were each recognized for their “exemplary performance” while working on the Domestic Preparedness Program’s annual federal, state and local exercises. Rose was the director and Hutchinson was a technical assistant.

Rose was cited for his vision, innovation and willingness to go “the extra mile” which resulted in an effective and efficient federal, state and local exercise from October 1999 to August 2000. Hutchinson was recognized as being the primary liaison for the command creating a positive environment and experience for the state and local participants from April 2000 to August 2000.

Doesburg commended the four men for their outstanding achieve-

ments, commenting that in today’s military, “We must pull together all services in order to work as a team when it comes to working with weapons of mass destruction.”

Buildings at Aberdeen Test Center dedicated to civil servant

JACKSON, from page 3

He was nominated to receive the Department of the Army Meritorious Civilian Service Award before his passing, the second highest award that a civilian can receive from the U.S. Army.

The original certificate and medal along with Melvin’s photograph hang inside the Melvin E.

Jackson Barricade Control Room.

As a grand finale, a round was fired from the barricade and a tour followed the dedication.

Jackson has an impressive legacy of accomplishments while serving the Department of Defense, the U.S. Army, ATC, and ultimately, our nation’s warfighters.

Maryland Adjutant General visits ChalleNGe Academy

By Yvonne Johnson
APG News

The National Guard’s Freestate ChalleNGe Academy played host to a distinguished visitor last week as the Adjutant General of Maryland, Maj. Gen. James F. Fretterd, paid a visit to the compound.

Joined by Brig. Gen. Warner Sumpter, assistant to the adjutant general, Fretterd received a briefing from the academy’s director, Ron Martin, then lunched at the U.S. Army Ordnance Center and Schools’ dining facility before continuing on to other parts of Maryland.

Fretterd called ChalleNGe one of his favorite programs and a significant tool in helping better the lives of Maryland youths.

“All we try to do is open their eyes up to the opportunities out there so they don’t go back into the same environment,” Fretterd said about the programs’ goals.

Nearly 1,100 have graduated from the academy since 1993, and gone on to better themselves with the help of mentorship programs that provide role models to help youths stay on track, Fretterd said.

“Who better to provide that leadership than our people in uniform?”

He added that at a recent graduation a parent told him that their child would be dead if not for the program.

“I firmly believe we are saving a lot of young lives,” Fretterd said.

Green Star Awards presented to top achievers

ENVIRONMENT, from front page

Park in the years following its establishment as our first national park. The military is credited with helping clear Yellowstone of poachers, addressing issues in natural areas, and improving business practices leading to the rising popularity of national parks across the country.

Addressing the honorees, Friendak said the Army continues to improve its impact on the environment and congratulated those individuals who excel despite a continual rise in domestic standards.

“Through your efforts the Army maintains its readiness, while complying with U.S. environmental standards,” he said.

Friendak acknowledged that new challenges regarding the environment are ongoing, but today’s soldiers look to the future.

“We will meet these challenges and we will meet them successfully,” he said.

Stevenson presented Friendak with a Green Star, signifying contributions to the environment.

Stevenson said he is very proud that 78 per-

cent of OC&S buildings are ‘green star’ buildings, signifying they comply with environmental standards. His goal for next time is to have 100 percent of OC&S buildings in compliance, which he said is possible because of the increasing interest in preserving the environment.

“Over the last 40 years people have gone from not caring to making recycling a part of their daily lives,” Stevenson said. He added that through using recycled products, the drain on our natural environment is reduced and many of our resources are saved for future generations.

The current program includes the recycling of paper and paper products, pens and pencils, computer discs, toner cartridges, plastic trash bags, recovered antifreeze and re-refined oil.

“Get involved. Take an active role. Be a part of the solution,” Stevenson said. “For our children’s future, buy recycled products today.”

Environmental Protection Specialist Maria Osorio-Armstrong served as mistress of ceremonies for the program which included presenting environmental awards to soldier and

civilian recipients.

Green Star Award recipients are: Staff Sgts. James P. Ables, John A. Antal, Sgt. 1st Class James E. Bradley Jr., Staff Sgts. Steven R. Bunker, Dari P. Carlisle, Richard A. Carullo and Brian K. Cole, Drill Sgts. Lester Dowdell, Jay D. Dupree, Staff Sgts. Marion J. Green and Joseph D. Hochstetler, Sgt. 1st Class Robert A. Holloway, Spec. Christopher S. Hughes, Staff Sgts. Vivian A. Jackson, Michelle M. Kelly, Jerry Kendrick and Allan Killinger, Sgts. 1st Class Gregory A. Kitt and Richard R. Koeppel, Staff Sgt. Michael R. Lee, James G. Loar, Staff Sgt. Anthony L. Mann, Sgt. 1st Class Frank G. Martinez, Staff Sgts. Donald McCasland and Jeffrey S. McClelland, Sgt. Mark A. McClure, Sgt. 1st Class David McLeod, Staff Sgt. Hurdist C. McLean, Sgt. 1st Class Wayne Mitchell, Staff Sgt. Timothy S. Molle, Eldon L. Morris, Roberto Pena, Master Sgt. Bienvenido Rodriguez, Sgt. 1st Class Levione Stone, Spec. Ryan J. Thompson, Drill Sgt. Juan F. Ventura, Staff Sgt. Michael D. Walker and Sgt. 1st Class Walter J. White.

Monday marks the start of cleanup in APG neighborhoods

CLEANUP, from front page

worry-free winter, Settles reminds occupants to disconnect outdoor hoses and store them in a garage or shed until the temperatures rise again in the spring. Forecasters are predicting colder temperatures this winter.

“Last year, pipes burst in about 75 houses on post,” Settles said. He added that in most of the cases, failure to disconnect the outdoor garden hose was the primary reason for the problem.

Housing area cleanup is under the direction of local senior area coordinators and area coordinators. Residents who have questions on the guidelines and procedures should check with their neighborhood coordinator.

Fall cleanup includes mowing, raking, edging and trimming of grassy areas, policing the grounds, and removing grass from sidewalk and pavement cracks and curbs.

Trash should be placed curbside for pick up. Holding ponds in Skippers Point and Patriot Village will be open on Saturday, Dec. 2, to complete policing around the fenced portion of the ponds. In conjunction with the cleanup, the Directorate of Public Works will conduct special trash and leaf and limb pickups for all APG housing areas on Sunday, Dec. 3, beginning at 10 a.m., and Monday, Dec. 4, starting at 8 a.m. Trimmings from bushes and tree limbs should be placed at the curb for pickup. Swept up dirt should be placed at the curb in containers and kept at a manageable weight for emptying. Bulk household items should be stacked at the curb for special pickup by the refuse company on the following Monday. Household trash that is picked up each week, will be picked up by the refuse contractor on the usual day.

Any questions regarding fall cleanup procedures should go through the chain of command. Residents with questions pertaining to their housing area, should consult their area coordinator. Stallings, the installation coordinator for cleanup, can be reached at 410-278-1509.

Flu vaccine, housing issues and winter weather are hot topics

CAC, from page 4

appearance of APG, and believes personnel are doing a good job during the spring and fall cleanups. He added that if everyone makes the effort to correct problems as they see them, the semiannual cleanups will not take long.

“The emphasis on the appearance of the installation should not be just twice a year,” Stallings said. “We need to look good 24 hours a day, seven days a week.”

He suggests APG residents be proactive. “Don’t wait until the last minute,” he said.

In conjunction with the fall cleanup, a housing representative asked for clarification as to who should assist in neighborhoods. Some family members feel that they should not be required to participate if their active duty spouse is deployed or stationed elsewhere. Others feel that maintaining a playground is not part of their duty if they have no children.

Spidel said installation residents are part of the neighborhood community and should participate in neighborhood projects, regardless of the location of their sponsor or whether they or family members frequent an area that is part of the cleanup assignment.

If a simple explanation is not enough, problems may be addressed through the sponsor’s chain of command, or contact Stallings at 410-278-1509.

He said everyone is required to participate in fall cleanup, and there is a long waiting list of those who would like to live on the installation, and participate in neighborhood maintenance as part of on-post living.

“I’ll take care of the families who want to be part of the community,” Spidel said.

Stallings said he is continuing to check on the ‘Adopt a Road’ program, to include civilian personnel and family members as well as soldiers.

Barry Decker, Directorate of Public Works operations officer, distributed an outline of winter car care procedures. Vehicle owners are urged to make a safety check or get a reliable garage to check the battery, all fluid levels such as oil, antifreeze, brake and wiper fluids. They should also check the exhaust system for leaks, make sure wipers, defroster, brakes and lights are in working order, and check tires for wear and pressure. Suggested emergency supplies which should be in the vehicle are booster cables, shovel, flashlight, tow chain, matches, flares or emergency triangle, blanket, scraper, sand, and a first aid kit. Travelers are reminded to allow extra time in anticipation of heavy traffic, poor visibility, and ice and snow on the roads.

Snow and ice removal, post closings

Bob Weaver, installation maintenance chief gave a report on APG snow and ice removal procedures. Weaver reminded attendees that forecasters predict a wet, cold winter this year, and APG personnel are in charge of 360 miles of roads, not including parking lots.

Areas cleared initially are main roads and emergency routes, followed by housing area roads, the main parking lots, other secondary roads, and all other parking lots and remaining roads.

“Participation and cooperation are essential for effective snow removal,” Weaver said, and added that patience and understanding also are appreciated.

Residents and tenants are responsible for sidewalks and areas not accommodating to post snow removal equipment. All are reminded to get cars off the streets and park in clusters in parking lots to make it easier for snow removal.

Addressing the closing of the installation, Spidel said that if the

installation commander or deputy installation commander makes the decision to close the post, everyone is expected to abide by the decision, including all tenants, with no exceptions. Spidel assured council members that a decision to close the installation is made only after consultation with others and great consideration.

Radio and television stations that regularly announce area school and installation closings appear in the APG News throughout the winter season.

He reminded APG employees that they should listen carefully to any federal employee announcements for reference to the installation.

“You are not federal employees in the Baltimore area when addressing snow and ice or other weather conditions,” Spidel said. “You need to hear ‘APG.’”

Snow closings should begin being announced by 6 a.m. For up-to-date information call 410-278-SNOW (7669).

MWR budget discussed

Roy Ballinger, chief of the Directorate Community and Family Activities, reported on revenues and expenditures for fiscal year 2000. Reminding attendees that the profits made are returned to the community for program support and improve-

ments, Ballinger said the top money-makers for the installation continue to be golf course revenues, profits from wedding receptions at Top of the Bay, and summer concerts.

Last year, funds were spent for improving the golf courses, installing carpeting for Top of the Bay, and remodeling the bowling alley. Bowling is now experiencing a big come-back on the installation.

Housing shortage

Spidel addressed lack of funds for family housing. Initially, the post considered closing quarters as residents left as a way to cope with the lack of funds, but instead will limit maintenance in all quarters. Spidel said he will continue to work with the U.S. Army Materiel Command, and will keep the community informed regarding housing maintenance funds.

Around the neighborhoods

Neighborhood representatives brought up a number of issues. Speeding in the neighborhoods continues to be a problem. Residents are asked to get the tag number, note the time of day and call the Directorate of Law Enforcement and Security. The Aberdeen Area number is 410-306-0564/0565. In Edgewood Area, call 410-436-2222/2125. A suggestion brought up by a

brigade commander is, if you know the speeder, use the chain of command for prompt response.

Another related issue is residents who habitually park along yellow curbs. If this is reported to DLES personnel, ticketing may solve the problem.

A resident asked about parking boats for the winter on or near APG tennis courts. All were reminded that recreational vehicle lots are maintained in both areas of the installation for boats, trailers, and campers.

December holiday happenings

Col. John Hills, commander of the 61st Ordnance Brigade, announced the U.S. Army Ordnance Center and Schools will conduct Exodus Dec. 20. Buses are expected on the installation 4 to 10 a.m. Commuters are asked to be especially cautious that day as they arrive for work.

Approximately 30 soldiers will remain on the installation over the holidays. OC&S has activities planned, but is also looking for sponsors for the Adopt-A-Soldier program who are willing to share some of their holiday activities with these remaining young soldiers.

Spidel closed the meeting by reminding attendees of upcoming

scheduled events around post over the holidays.

Thanksgiving dinner, offered by dining facilities in the Edgewood and Aberdeen areas, will take place on Nov. 23, 11:30 a.m. to 2:30 p.m. Cost is \$5.20 for officers, enlisted ranks of sergeant and above, family members of those groups, all military retirees and their guests, and Department of the Army civilians. For enlisted personnel of the ranks private through specialist/corporal and their families, the price is \$4.30. The meal includes traditional appetizers, entrees, desserts, and assorted beverages. The Edgewood Area dining facility in building E-4225, and the Aberdeen dining facilities in buildings 4219 and 4503, will be participating.

The 389th Army Band (AMC’s Own), will hold a holiday concert in the Post Theater, building 3245, beginning at 7 p.m. on Dec. 9.

The Aberdeen Area tree lighting will take place at the Post Theater, building 3245, on Thursday, Dec. 7 at 7 p.m.

The tree lighting in the Edgewood Area will take place at the Edgewood Area Chapel, building E-4620, on Sunday, Dec.10 at 6 p.m.

The community is invited to attend the holiday festivities and enjoy the season.

The next meeting of the Community Action Council will take place Thursday, Dec. 7, at 9 a.m. in the main conference room of building 305, garrison headquarters.

Winterize your home properly

The Directorate of Public Works has issued the following cold weather tips for post housing residents for the upcoming winter season:

- Disconnect exterior hoses on outside faucets to prevent freezing.
- Keep interior faucets running at a slow drip. When the outside temperature is 32 degrees Fahrenheit or below, waterlines can freeze. Open cupboard doors to provide some heat to water pipes.
- Clean or replace furnace filters monthly.

For more information, call the Aberdeen Area Service Order Desk at 410-306-1400, or the Edgewood Area Service Order Desk at 410-436-3731.

Aberdeen Test Center wins ‘2000 Harford Award’ for technology

By Phyllis J. DeFranks
ATC Public Affairs Office

The U.S. Army Aberdeen Test Center was recently recognized as one of five winners for the prestigious Harford Award, a cooperative recognition given by the Harford County government, the Harford County Chamber of Commerce and Harford Community College.

The Harford Award is presented using the following criteria: business growth, increased employment, service to the community, sensitivity to the environment, creative business strategies, technology innovation, support of public/private education, and their efforts to enhance Harford County’s business climate.

Winners were selected in five categories: industrial, nonprofit, service, retail, and technology.

Col. Andrew Ellis, ATC commander, accepted the award in the technology category. ATC’s partnering and technology transfer initiatives are leveraging intellectual properties, instrumentation, and facilities to provide cutting edge technologies and state-of-the-art equipment and facilities to both ATC and its partners—a win-win for all concerned.

Don’t be a victim!

LOAN, from front page

your verbal or written acceptance. A pre-qualified offer means you’ve been selected to apply. However, you are still required to go through the normal application process, and you still can be denied.

How to protect yourself

Keep the following things in mind before you respond to ads that promise loans or easy credit, regardless of your credit history:

- It is illegal for companies doing business by phone to guarantee you a loan and ask you to pay for it before you get your loan or credit.
- You should ignore ads or hang up on callers that promise loans in exchange for an advance fee.
- Unless you are familiar with the company and know why the information is necessary, never give your credit card account number, bank account information, or Social Security Number over the telephone or Internet.
- If you don’t have the offer confirmed in writing and you are asked to pay, don’t do it. It’s fraud and it’s against the law.

What to do if you are a victim

If you think that you are a victim of an advance-fee loan scam, you should immediately contact your local consumer protection agency, state Attorney General or local Better Business Bureau to report the company. Second, contact the FTC to report the situation by logging on to <http://www.ftc.gov> and file a claim on line directly with the FTC. Also, you can contact the FTC by calling 1-877-FTC-HELP (1-877-382-4357) or by mail at Consumer Response Center, Federal Trade Commission, 600 Pennsylvania Avenue, NW, Washington, DC 20580.

“I am pleased to accept this award, along with my technical director, Jim Fasig, on behalf of a dedicated and hard-working group of people, the ATC workforce,” Ellis said. “They deserve the recognition.

“We just broke ground on a new, state-of-the-art facility, the roadway simulator, that will be the largest flat-track simulator in the U.S. We will all benefit from this technology by providing safer equipment to our soldiers on the

battlefield as well as providing safer highways for our families to travel.”

The ceremony included a video tribute of each category winner. Several hundred were in attendance to include State Senator J. Robert Hooper, Delegates Charles R. Boutin and Joanne S. Parrott, Harford County Executive James M. Harkins, County Executive, Philip J. Barker, mayor of Havre de Grace and Harford County Council members.



Photo by MATT BUTTON

Col. Andrew Ellis, front left, U.S. Army Aberdeen Test Center commander, and Jim Fasig, technical director of ATC, pose with the 2000 Harford Award for technology. Pictured with them are Tom Sadowski, Harford County director of economic development, left, Harford Community College President Claudia Chiese and Harford County Chamber of Commerce Chairman Ernie Paszkiewicz.

WEDNESDAY
NOVEMBER 29
USING CREDIT WISELY CLASS

Army Community Service will hold a class on Using Credit Wisely. It explains what credit is, how to use credit and how to get out of debt. Training is conducted in ACS building 2754 from 11:30 a.m. to 12:30 p.m. To register for class, call Tricia Jewitt at 278-4372

SATURDAY
December 2
ROYE-WILLIAMS HOLIDAY CRAFT FAIR

Roye-Williams Elementary School will be holding their annual "Holiday Craft Fair" from 10 a.m. to 4 p.m. There will be pictures with Santa, lots of craft venders and of course food. The Scholastic Book Fair will also be going on the same day. Come and enjoy the festivities and do some Christmas shopping at the same time. All proceeds go the Roye-Williams Parents and Teachers Association and the students.

LONGABERGER BASKET BINGO

The Good Shepherd Catholic School, located on 810 Aiken Avenue, Perryville, will sponsor Longaberger Basket Bingo at 7 p.m. Doors open at 6 p.m.; there will be food and drinks available. Cost is \$10 per ticket and includes three cards, and \$5 for additional sets of three cards. For tickets, call the Good Shepherd School at 410-642-6265, or Brenda Conjour, 410-273-7332. Proceeds benefit Good Shepherd Catholic School.

STARRY STARRY NIGHT

Harford Community College and the Harford County Astronomical Society will sponsor a public observance session on the open grassy area next to Joppa Hall on the HCC campus, from 8 to 10 p.m. Members of the Astronomical Society will be on hand to share their large telescopes and binoculars and to answer questions. Everyone in the community is invited to view the first quarter moon, Mars and other heavenly objects. The Astronomy Open House is free and open to the public. In the event of clouds or inclement weather, the event will be rescheduled to Jan. 6 from 8 to 10 p.m. For more information, call 410-734-6643.

WEDNESDAY
DECEMBER 6
CHECKING ACCOUNT MANAGEMENT CLASS

Army Community Service will hold a class on Checking Account Management. The course explains the banking system and gives a hands-on balancing act of the checkbook. Training is conducted in ACS building 2754 from 11:30 a.m. to 12:30 p.m. To register for class, call Tricia Jewitt at 278-4372

THURSDAY
DECEMBER 7
ABERDEEN AREA TREE LIGHTING

The Aberdeen Area tree lighting will take place at the Post Theater, building 3245, at 7 p.m.

SATURDAY
DECEMBER 9
389TH ARMY BAND HOLIDAY CONCERT

The 389th Army Band (AMC's Own), will hold a holiday concert in the Post Theater, building 3245, beginning at 7 p.m.

SUNDAY
December 10
HOLIDAY HARMONY HAPPENING

"It's A Wonderful Life, Mr. Grinch," will be presented by the Upper Chesapeake Chorus, Sweet Adelines International at St. Mary Magdalen Mission on Route 22 in Bel Air at 3 p.m. The 40-member chorus, under the direction of Cydney Wentzel will take you on a humorous and harmonic adventure to find out what life would be like if there were no Christmas. Joining the chorus in presenting holiday favorites and other tunes performed in four-part a cappella harmony will be four of the registered chapter quartets, including Fire & Ice, Fourocious, Secrets and The Pleasure of Your Company. Ticket prices are \$8 in advance, \$10 at the door; and students and seniors are half price. For tickets or more information, call 410-575-7602 or 410-877-9780.

TREE LIGHTING IN THE EDGEWOOD AREA

The tree lighting in the Edgewood Area will take place at the Edgewood Area Chapel, building E-4620, at 6 p.m.

WEDNESDAY
December 13
EA-OWC ANNUAL COOKIE EXCHANGE

The Edgewood Area Officers' Wives Club is holding its Annual Cookie Exchange and soup and salad lunch on Wednesday, Dec. 13. The lunch and cookie exchange will be held at Denise Doesburg's home, 4670 Parrish Road, Edgewood. A social hour begins at 11:30 a.m. and lunch will be served at 12 p.m. Members of the Military and Civilian Spouses Club and EA-OWC are invited to bring four dozen cookies—one dozen to share for dessert and three dozen to exchange. Guests are reminded to bring a container for take-home selections. Members of both clubs are invited to attend even if they choose not to bring cookies to exchange. Call Diane Payne at 410-569-5116 or Jenna Edens at 410-676-1487 with your reservation by Friday, Dec. 8.

TIP OF THE MONTH

Safe Driving

Adventures in driving decision-making brought to you by the Installation Safety Division.

Situation: Imagine you're driving 50 mph on a two-lane country highway and you come upon a deer about 200 feet ahead standing at the edge of the road. What should you do?

A. Sound horn, hard brake, and ease off to medium brake to stop and proceed cautiously.

B. Medium brake to slow down to 40 mph to pass.

Answers, page 13.



Thanksgiving Dinner is served

The annual Thanksgiving Day meal is scheduled for Nov. 23 in the dining facilities in buildings 4219, 4503 in the Aberdeen Area and building 4225 in the Edgewood Area. Dining hours are 11:30 to 2:30 p.m.

The standard meal rate of \$5.20 applies to any officer, enlisted member, family member of sergeant or above, retirees and their guest, and Department of Defense civilians. The discount meal rate of \$4.30 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

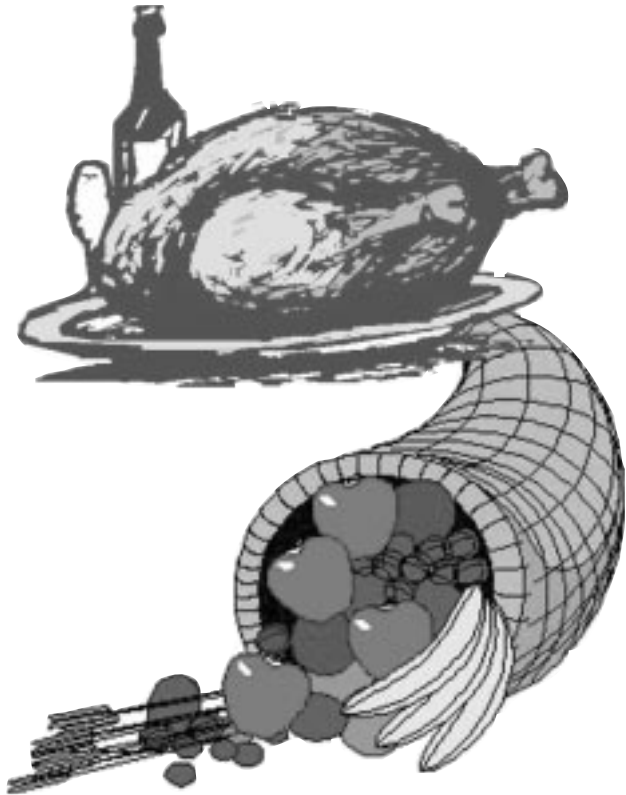
For more information call the Installation Food Service Office at 410-306-1393/1398.

THANKSGIVING DAY MENU

turkey noodle soup
shrimp cocktail
roast turkey
baked ham
steamship round of beef with au jus
corn bread dressing
savory bread dressing
mashed potatoes with giblet gravy
candied yams
corn
green peas with mushrooms

assorted salad bar
potato salad
macaroni salad
waldorf salad
brown and serve rolls
pumpkin pies
pecan pies
fruit pies
fresh fruit
hard candy
mixed nuts
soft serve ice cream
assorted beverages
egg nog

Menu subject to change without prior notification.



MWR UPDATE

Edgewood Arts & Crafts is open on Thursday from 1-9 p.m., Friday & Saturday from 9-5 p.m. and is available to active duty military personnel, civilians working on post and their dependents. It is located in building E-4440 next to the Military Police station. There are signs on post directing people to the building. For more information call 410-436-2153 during listed operating hours. Several upcoming classes are as follows:



LIBRARY UPDATE

The Garrison library has new Sci-Fi books for your reading pleasure. Come by either the Aberdeen or Edgewood Area library and check out some books.

The Dastard by Piers Anthony
Dune - House Harkonnen by Brian Herbert
Merrick by Anne Rice
Sentry Peak by Harry Turtledove
Servant of the Shard by R. A. Salvatore
The Telling by Ursula K. LeGuin

The Aberdeen Area library, building 3320 on Aberdeen Boulevard, is open Monday-Wednesday, 11:30 a.m.-7:30 p.m., and Saturday and Sunday, 1-5 p.m. The Edgewood Area library, building E-4405 on Austin Road, is open Wednesday and Thursday, 11:30 a.m.-7:30 p.m., and Sunday, 1-5 p.m.



Photo By YVONNE JOHNSON

Dressed in her friendly cow costume, Donna Pernak "hams" it up for passing motorists on Aberdeen Boulevard near Donna's Pit-n-Beans. The popular eatery offers pit beef, ham, turkey and pork sandwiches, barbecue, chili and other specialties for people on the go. Located next to the Post Shoppette in the Aberdeen Area, Donna's is open 11 a.m. to 3 p.m., Monday through Friday.

CFC UPDATE

CFC final tally tops 2000 goal

By Yvonne Johnson

At last count, contributions to Aberdeen Proving Ground's 2000 Combined Federal Campaign totaled \$372,198.08, up almost \$4,000 over last year said Wayne Doyel, CFC chairperson.

Doyel attributed the campaign's success to the tireless work of unit representatives and to the generosity of the community's employees.

"The U.S. Army Ordnance Center and School surpassed itself by nearly \$11,000," Doyel said. "Our workers did well, but people just gave more."

Deborah Asbury, CFC vice chair and next year's chairperson, added that the campaign exceeded her expectations.

"Given the climate of downsizing, the level of thoughtfulness was surprising," Asbury said, adding that she already is

looking forward to the 2001 campaign.

Also finishing higher were the top two award categories.

Eagle awards increased to 70, eight more than last year, and Falcon awards totaled 111. Contributors also received 232 Cardinals and 465 Oriole awards.

Doyel offered his thanks to the entire community for the successful campaign with the reminder that late contributions still will be accepted at the CFC office in building 2001 until Nov. 30.

Any donations after then must be mailed to the following address: 2000 Combined Federal Campaign of Central Maryland, P.O. Box 1576, Baltimore, MD. 21203-1576.

For more information, call Doyel at 410-278-7402.

LEAVE DONATION

Employees eligible for donations in the Voluntary Leave Transfer Program are:

Ameneh M. Arasten (maternity)	William Klein
Fay Walker Banker (hip replacement)	Yvonne Lissimore (knee-surgery)
Marian Bellis (Fracture of left Tibial)	Rebecca G. Mercer-Leto (heart attack)
Barbara Boyd (mother is ill)	Nicholas J. Lombardo, Jr. (heart attack)
Bonnie Bromley (liver transplant)	Stacy Miller (maternity)
Daniel Brown (father has emphysema)	Debi L. Petosky (back surgery)
Tammy Budkey	Lylis Payne
Angela D. Cheek	Cecil Pennington (surgery)
Nancy Coleman-Jones (surgery)	Albert Potter (coma)
Dawn Crouse (surgery)	Barbara Carol Remines (surgery)
Bonnie K. Day (surgery)	Michael Reynolds
Tricia Lin Dietz	Janice M. Rice (assist ill mother)
Fred Dill	Denise Robinson (maternity)
Surinder K. Dillon (son has cancer)	Ricky Ross (heart attack)
Joseph R. Dugan	Tami C. Rowland (Maternity)
Messina Enderlein	Allan Scarborough (back surgery)
Wayne Erb (wife is ill)	Sherry Schaffer
Willa Freisheim	Lena Shelton
Penelope K. Galoff (maternity)	Motoko Stahl
Norman L. Greear	Rachel Swearingen
Michael L. Hitchcock (surgery)	Frances L. Thomas
Stephen Howard (bone marrow transplant)	Joseph Walker (wife has cancer)
Wayne A. Jaynes	Rosalind Walters Kenion (maternity)
Evelyn K., Johnson (surgery)	Cecelia Walton (respiration problems)
Larry Jonas	Willie Williams
Carole Jones	Charles Young (kidney and pancreas transplant)
Marlin Julian (heart surgery)	
Jennifer Keetley (maternity)	
Beverly King (caring for husband)	

For information about donating annual leave, call Dave Mial; 410-278-1524; or fax 410-278-7877.

Kmart recalls fleece sweatshirts, Dollar General recalls toy xylophones

By Jane Francis and Nychelle Fleming
USCPS

WASHINGTON, D.C. - In cooperation with the U.S. Consumer Product Safety Commission, Five-Y Clothing Inc., of Miami, is recalling about 42,000 fleece sweatshirts, and Dolgencorp Inc., of Goodlettsville, Tenn., is voluntarily recalling about 113,000 toy xylophones.

Fleece recall

These garments, which fail to meet the federal mandatory standards for fabric flammability, could ignite easily and present a serious risk of burn injuries.

CPSC and Five-Y Clothing are not aware of any injuries involving these sweat-shirts. This recall is being conducted to prevent the possibility of injuries.

The recalled ladies sweatshirts are made of a fleece fabric that closely resembles that of an

inside-outside sweatshirt. They are long-sleeved, pullover-style, gray, and 90 percent cotton and 10 percent polyester. A label sewn into the neck of the sweatshirts reads in part, "Route 66 Original Clothing," "MADE IN EL SALVADOR" and "R.N. 94401."

Kmart stores nationwide exclusively sold the ladies sweatshirts from June 1999 through March 2000 for about \$9.

Consumers should immediately stop wearing the sweatshirts and contact Five-Y Clothing at 1-888-343-4838 between 9 a.m. and 5 p.m. EST, Monday through Friday to receive a refund.

Toy Xylophone recall

The red mallet sold with the toy xylophone can get lodged in the throats of young children, posing a choking hazard.

CPSC and Dolgencorp Inc. are not aware of any injuries involving these toy xylophones. This recall is being conducted to prevent the

possibility of injury.

The toy xylophone is white, rectangular-shaped with a green handle and multi-colored bars including, red, yellow, green and blue. A yellow button shaped like the face of a cat is on the front of the xylophone.

The mallet sold with the xylophone is red with two round balls at either end of the mallet. Writing on the box reads, "BABY TOYS XYLOPHONE, TO HELP BABY LEARN AND DEVELOP, and MADE IN CHINA."

Dollar General stores nationwide sold these toy xylophones from July 1998 through October 2000 for \$3.

Consumers should immediately take this toy away from children and return it to their local Dollar General store for a full refund. For more information, call Dollar General at 1-800-678-9258 between 8 a.m. and 5 p.m. CST, Monday through Friday.

Sports Corner

Basketball pre-season starts Nov. 27

Commander's Cup ceremony set for Dec. 5



The 2000 intramural basketball season begins in January but the pre-season tournament starts next week with more than a dozen teams already signed up.

The tournament, which begins Nov. 27, concludes Dec. 5, 7 p.m. at the Aberdeen Area Athletic Center.

Immediately following the game will be the Commander's Cup award ceremony, which is given to the unit earning the most points in intramural competitions during the past year.

The categories include racquetball, tennis, bowling, basketball, football, softball, and the bench press and deadlift competitions.

For more information on pre-season basketball or the Commander's Cup ceremony, contact the AA Athletic Center at 410-278-7934.



Mail packages overseas early

Postal Service officials recommend that letters and packages addressed to Army Post Office (APO) or Fleet Post Office (FPO) zip codes be mailed by the following dates to ensure delivery by Christmas:

Standard mail - Nov. 6
Space available mail - Nov. 27
Parcel airlift mail - Dec. 4
First class and all priority mail - Dec. 11

International mail should follow the schedule below:

Delivery Address	Air letters and cards	Air parcel post	Surface
Africa	Dec. 4	Dec. 4	Oct. 27
Asia/Pacific Rim	Dec. 11	Dec. 11	Nov. 3
Australia/New Zealand	Dec. 11	Dec. 11	Nov. 3
Canada	Dec. 15	Dec. 15	Nov. 24
Caribbean	Dec. 11	Dec. 11	Nov. 11
Central & South America	Dec. 4	Dec. 4	Nov. 3
Mexico	Dec. 11	Dec. 11	Nov. 11
Europe	Dec. 11	Dec. 11	Nov. 11
Middle East	Dec. 11	Dec. 11	Oct. 27

Emergency procedures for inclement weather

By Bob Silcox
Directorate for Plans, Training and Mobilization

The basic policy and procedures for all weather related delays or closings of Aberdeen Proving Ground relate primarily to snow emergencies, but also include other weather occurrences including hurricanes, floods, etc.

Only the installation commander has the authority to administratively close the entire installation and place all assigned eligible personnel in an excused absence or standby status.

When the installation is to be closed all day, closed early or experience a delayed opening, appropriate announcements will be made.

During duty hours this will be accomplished by telephonic notification to each organization's Emergency Action Officer.

During non-duty hours notification will be broadcast via local

television and radio stations listed below.

Personnel calling into the APG Emergency Operations Center will be told the latest available information and advised to listen to the local television and radio stations for further information.

The Baltimore Federal Executive Board makes announcements that pertain to federal employees in the Baltimore Metropolitan area. These announcements "Do Not" pertain to APG and its employees. Unless the announcement contains the words "Aberdeen Proving Ground" or "APG," it does not apply to APG employees.

The Garrison Public Affairs Office will contact the television and radio stations with the announcement concerning APG.

For current post closing information call 410-278-SNOW (7669).


Inclement weather closing announcements

Ten area radio stations and four television stations will provide Aberdeen Proving Ground personnel with information on post closings when the APG commander determines that weather and road conditions are too hazardous to conduct business as usual.

Announcements should begin at about 5 a.m. Announcements about federal offices in the greater Baltimore metropolitan area do not apply to APG; listen for those that name APG specifically. The radio and television stations are:

Station	Frequency	Location
WAMD	AM 970	Aberdeen
WXCY	FM 103.7	Havre de Grace
WBAL	AM 1090	Baltimore
WIYY	FM 97.9	Baltimore
WPOC	FM 93.1	Baltimore
WDEL	AM 1150	Wilmington, Del.
WSTW	FM 93.7	Wilmington, Del.
WSBA	AM 910	York, Pa.
WARM	FM 103.3	York, Pa.
WROZ	FM 101.3	Lancaster, Pa.
WBAL-TV	Channel 11	Baltimore
WMAR-TV	Channel 2	Baltimore
WBFF-TV	Channel 45	Baltimore
WJZ-TV	Channel 13	Baltimore

TIP OF THE MONTH ANSWERS



Answer A. Your choice to "horn, hard brake, and ease medium brake to stop and proceed cautiously" is the thing to do. You must have had some experience with deer. You know how unpredictable they can be. They're quick and if you see one deer you'll probably see a second one. All too often people have found themselves too spooked with watching the deer jump in front of them, that they don't see the one yet to come. The biggest cause of accidents involving deer is people swerving to avoid hitting them. So proceed cautiously - crawl past the deer. And even here, if the deer jumps just as you get up to him, you may hit him going ten miles an hour, but you'll keep control of your vehicle.

Answer B. Sorry, partner, your choice to "medium brake to slow down to 40 mph to pass" is not the wise one. If you're only going to slow down to 40 mph then you might as well stay at 50 mph. Slowing that little won't do much for you. You won't have any chance of stopping if the deer should jump out and, if you hit him at that speed, you'll stand a greater chance of losing control of your vehicle. Try reading Answer A.

Opinions

How late did you stay up?



my favorite things.....

Yvonne Johnson

I'm about to bust.

I'm sorry, but I have to say something about this election thing.

I mean election era, because that's what it's turning into.

I'm not going to speak like a Republican or a Democrat because when you look at the big picture, it really didn't matter which side of the plate you were standing on, we all got hit with the same bat.

What I want to deal with is a subject no one has brought up since this great fiasco began: How it felt to wake up and still have no president.

That is, assuming you went to bed in the first place.

I'm sorry, did I say fiasco? I meant earth-shattering trauma!

I still can't find the words to

describe the disappointment and confusion I felt the morning of Nov. 8.

For the first time, since I was old enough to say, "Momma, who's the new president?" there was no answer.

I haven't felt this disoriented since they cancelled "F-Troop."

Was it me, or was that day a bit on the surreal side?

Was I the only one who avoided mirrors that day?

Probably not.

More than likely most people stood several feet away from the bathroom mirror while preparing for work that morning, avoiding the gaze of the ghoul with the bloodshot eyes in the mirror brushing its teeth with their toothbrush.

How late did you stay up?

I wish I had a Krispy Kreme donut for every time I heard that question.

The funniest aspect to the story is that a lot of us answered it the same way. With a look of incredulous wonder, we uttered, "midnight," or "2 a.m." or "4 a.m.," like we'd just been told by someone we trust that we walked across the Grand Canyon on a tightrope in our sleep the night before.

"No I didn't."

"Did I?"

"Well I guess I must have...ZZZZZZZZzzzzzzzzzz...."

Scoff all you want but don't be surprised when 10 years from now the first case of P.E.S.T. (Post Election Stress Trauma) surfaces.

The most affected group will of course be Baby Boomers. We're either blamed for or afflicted with everything else so you may as well add P.E.S.T. to the list.

The most positive aspect of the whole mess is that we have been active participants in a historic event. Okay, maybe we weren't as active as the poor denizens of the woeful "Punshine" state, (no sun intended), but these are the days we will be asked about by our grandchildren, should we live that long.

Our question will be tantamount to the big question following the Kennedy assassination: "Where were you when Kennedy was shot?"

Our grand-kiddies will face us with a most solemn gaze on their

innocent young faces and ask, "Where were you when the whole darn election fell apart, Grandperson?"

"How late did you stay up?"

Despite the fact that I have no grandchildren and could be referring to something that may not happen until the year 2020, (pun intended), my response is totally prepared. I will lie.

"I slept through it, cupcake. Secure in the knowledge that the dawn would bring our country its newest leader. And it did. Never mind that it was several dawns later and that the state of Florida nearly seceded from the union in the process. It did."

"And where were you when Kennedy was shot?"

"I wasn't born yet, ya little snot!"

Post organizations volunteer to wrap holiday gifts

By Alice Surette
Directorate of Community and Family Activities

Every year the day after Thanksgiving kicks off the holiday gift-buying season. Here at Aberdeen Proving Ground not only is the gift-buying season started but also the gift-wrapping program.

Our local Army and Air Force Exchange Services sponsors this program by donating the wrapping paper and boxes. The volunteer organizations provide the manpower, scissors and tape.

This year 25 organizations from throughout the installation will volunteer their time to wrap gifts for **DONATIONS ONLY**. The donations they receive for this service are put back into the community through scholarship funds, food baskets, and other community projects.

Volunteer organizations will start wrapping gifts at the Post Exchange on Friday, Nov. 24 at 7 a.m. and will continue to wrap gifts during their hours of operation through Christmas Eve.

Relieve the stress of wrapping gifts and help support our community at the same time—have your gifts wrapped, for a small, medium, or large donation, by a volunteer.

For more information call 410-278-5469.



Gift Wrapping Schedule - Nov. 24 to Dec. 24

NOVEMBER:

Friday 24 - 7 a.m. to 3 p.m.
Kirk Noncommissioned Officer Fellowship
Staff Sgt. Jackson, 410-278-1725

Friday 24 - 3 p.m. to 9 p.m.
Kirk Family Support Group
Joyce Steininger, 410-278-1725

Saturday 25 - 9 a.m. to 9 p.m.
Women’s Army Corps
Ruth Malone, 410-939-6417

Sunday 26 - 10 a.m. to 6 p.m.
Roye Williams Parents & Teacher’s Assoc.
Donna Dease, 410-273-1487

Monday 27 - 9 a.m. to 9 p.m.
520th Family Readiness Group
Marcie Perez, 410-676-6994

Tuesday 28 - 9 a.m. to 9 p.m.
Center for Health Promotion and Preventive
Medicine Family Support Group
Capt. Scott NewKirk, 410-436-8394

Wednesday 29 - 9 a.m. to 9 p.m.
Federally Employed Women
Billie Joe Benjamin, 410-436-5030

Thursday 30 - 9 a.m. to 9 p.m.
Cub Scout Troop 924
Teresa Thomas, 410-297-5933, 410-278-3658

DECEMBER:

Friday 1 - 9 a.m. to 9 p.m.
389th Army Band (AMC’s Own)
Staff Sgt. Michelle Gould, 410-278-4370

Saturday 2 - 9 a.m. to 9 p.m.
Kirk NCO Fellowship
Staff Sgt. Jackson, 410-278-1725

Sunday 3 - 10 a.m. to 6 p.m.
Filipino American Association Upper
Chesapeake
Command Sgt. Maj. Posadas, 410-278-8595

Monday 4 - 9 a.m. to 9 p.m.
520th Family Readiness Group
Marcie Perez, 410-676-6994

Tuesday 5 - 9 a.m. to 9 p.m.
Protestant Women of the Chapel
Nancy Brew, 410-272-1098

Wednesday 6 - 9 a.m. to 9 p.m.
Military Civilian Spouse Club
Myra Kearney, 410-297-9614

Thursday 7 - 9 a.m. to 9 p.m.
520th Soldier Support Group
Sgt. 1st Class Joseph Perez, 410-436-7147

Friday 8 - 9 a.m. to 9 p.m.
Protestant Women of the Chapel
Nancy Brew, 410-272-1098

Saturday 9 - 9 a.m. to 10 p.m.
EA/AA Youth Services-Teens
Donna Woodards, 278-4995

Sunday 10 - 10 a.m. to 6 p.m.
Headquarters and Headquarters 16th
Ordnance Family Support Group
1st Sgt. Gray, 410-278-5405

Monday 11 - 9 a.m. to 9 p.m.
Red Cross
Carol Mahonti, 410-273-5033

Tuesday 12 - 9 a.m. to 9 p.m.
Take Off Pounds Sensibly (TOPS)
Virginia Davis, 410-273-7110

Wednesday 13 - 9 a.m. to 9 p.m.
16th Ordnance Battalion Family Support
Group
Command Sgt. Maj. Posadas, 410-278-8595

Thursday 14 - 9 a.m. to 9 p.m.
Better Opportunities for Single Soldiers
Sgt. King, 410-278-4202

Friday 15 - 9 a.m. to 9 p.m.
Edgewood Elementary PTA
Marcy Perez, 410-676-6994

Saturday 16 - 9 a.m. to 9 p.m.
Protestant Women of the Chapel
Nancy Brew, 410-272-1098

Sunday 17 - 10 p.m. to 6 p.m.
Air Force Wives
Carla Davis, 410-278-2848

Monday 18 - 9 a.m. to 9 p.m.
Warrant Officers Association
Warrant Officer Hill, 410-278-3170

Tuesday 19 - 9 a.m. to 9 p.m.
Roye Williams PTA
Donna Dease, 410-273-1487

Wednesday 20 - 9 a.m. to 9 p.m.
520th Theater Army Medical Laboratory
Soldier Support
Sgt. 1st Class Joseph Perez,

Thursday 21 - 9 a.m. to 9 p.m.
203rd Family Support Group
Angela Conlon, 410-436-2306

Friday 22 - 9 a.m. to 9 p.m.
U.S. Army Ordnance Center and Schools
Command & Staff Soldier Readiness
Donna Deitz, 410-273-1487

Saturday 23 - 9 a.m. to 10 p.m.
16th Ordnance Battalion Family Support
Group
Command Sgt. Maj. Posadas, 410-278-8595

Sunday 24 - 10 a.m. to 6 p.m.
16th Ordnance Battalion Soldier Support
Group
Command Sgt. Maj. Posadas, 410-278-8595

Army Family Week Specials

The following specials are scheduled for Army Family Week, Nov. 19-25

BOWLING CENTER

Each family member bowls for only \$1.50 per game with FREE shoe rental during open bowling throughout the week. During Cosmic Bowling, each family member can bowl for \$2 per game. Make it a family outing!

GOLF COURSE

10 percent discount at any APG golf course.

OUTDOOR RECREATION

Ski rental half price coupons for active duty military and their eligible family members. Coupons good for one time during the 00/01 season. Coupons can not be used for season packages or in conjunction with any other discounts.

HEALTH & FITNESS CENTER

20 percent off fitness center user fees for all first time center participants.

AA & EA LIBRARIES

The Garrison Library has new books for Army Family Week. Come by either the Aberdeen Area Library or the Edgewood Area Branch Library and check out some books.

FOR PARENTS

Don’t Make Me Stop This Car! By Al Roker
The Irreducible Needs of Children by Berry T. Brazelton, M.D.
Pete Seeger’s Storytelling Book by Pete Seeger
The Secret of Parenting by Anthony E. Wolf, Ph.D.

CHILDREN & YOUTH

The Arrival by K. A. Applegate
Bed-Knob and Broomstick by Mary Norton
Bless this House by Leslie Staub
Cooking with Children by Marion Cunningham
Firefighters A to Z by Chris L. Demarest
How I Survived my Summer Vacation by Robin Friedman
In November by Cynthia Rylant
My Indoor Garden by Carol Lerner
This the Turkey by Abby Levine



EA ARTS & CRAFTS

\$5 off custom framing labor. Cannot be used on any pre-existing orders.

AUTOMOTIVE CRAFTS CENTER

\$1 off bay fees.

EDGEWOOD AND ABERDEEN AREA RECREATION CENTERS

Family Bingo Nov. 25 in Edgewood Area; Nov. 26 in the Aberdeen Area. Special \$500 games with regular Bingo games.

TOP OF THE BAY

Take advantage of 25 percent off all lunch menu items Nov. 19-25.

ARMY COMMUNITY SERVICE

Take advantage of year round classes and programs for military families. Stop by building 2754 during Army Family Week and get a drug free book cover for your school age child.

FAMILY CHILD CARE

Parents invited to a traditional dinner at various FCC homes.

QUALITY OF LIFE OFFICE

Pick up your FREE “Army Families Are Special” stickers at either Child Development Center, Youth Center or library during Army Family Week.

Edgewood Area CDC has shortage of childcare providers



Photo by YVONNE JOHNSON

During a quiet moment Angie Meade, left, an Edgewood Area childcare provider, plays with her 3-year-old son, Kai. A provider for the past eight months, Meade tends four other children in her Skippers Point home. She said extra income and spending time with your children is the greatest advantage to becoming a provider.

By Yvonne Johnson
APG News

There is a severe shortage of childcare providers in the Edgewood Area of Aberdeen Proving Ground. Because of the shortage, the Family Support Division is encouraging any EA stay-at-home moms to look into becoming childcare providers, a move that can benefit their families and the community at the same time.

Kathy Reese, family child care director at the EA Child Development Center, said former providers have been lost to military rotation and none have come forward to take their place.

“We’re down to two providers with two pending certification,” Reese said. “We’re currently full for infants in the CDC and we would like to have homes to refer parents of infants to.”

“Providers offer a nice option for those who want a more family-oriented environment,” Reese added.

“Our program offers far more support and guidance for providers than any programs outside the gate and the benefits are many.”

After applying for the program and undergoing the interview process, prospective providers receive 40-hours of free training in a marketable occupation. Courses include appropriate activities for children, nutrition, infant/child CPR, child psychology, business techniques, contracts and taxes.

Providers receive free advertising and referrals through central registration and stay informed through

monthly newsletters and free workshops. They also may use the Toy Lending Library, and may participate in the USDA Food Program and the National CDA Credential Program. Credentials are transferable among military installations and providers can earn up to \$500 a week by providing warm and loving care to children in their home.

“There is a tremendous amount of support and interaction in the program,” Reese said. “This is a great opportunity for parents to stay home with their own children and earn money at the same time.”

Angie Meade, one of the two EA providers, cares for five children, including her 3-year-old son, Kai, in her Skippers Point home. With her 8-year old daughter, Morgan, in elementary school, Meade said the arrangement works well for her family.

“The extra income really makes a difference and Kai enjoys having other kids to play with,” Meade said.

“The best part is being able to spend time with my daughter,” added provider Katrina Staples.

Staples tends five children, from 7-weeks to 5, along with her 10-month old daughter, Marissa.

“She enjoys the company and I enjoy helping other families like mine,” Staples said.

Staples and Meade also take classes at Harford Community College. Meade is the wife of Staff Sgt. Timothy Meade and Staples is married to Sgt. (P) Michael Staples, both of Headquarters and Headquarters Company, 143rd Ordnance Battalion.

The benefits of being a certified family childcare provider include:

- **Referral System** - free advertising of your availability and updating of your status.
- **Support System** - excellent opportunity to meet other caregivers and share concerns.
- **Marketable Occupation** - allows you to be involved in family child care when you move to other installations.
- **Participation in the National CDA credential program**
- **Assistance and training** in appropriate activities for children, business techniques, contracts and taxes, infant/child CPR health practices and first aid.
- **Participation in the USDA food program:**
For more information, call Family Childcare in the Aberdeen Area at 410-278-7477/8720 or 410-436-3203 at the Edgewood Area CDC.